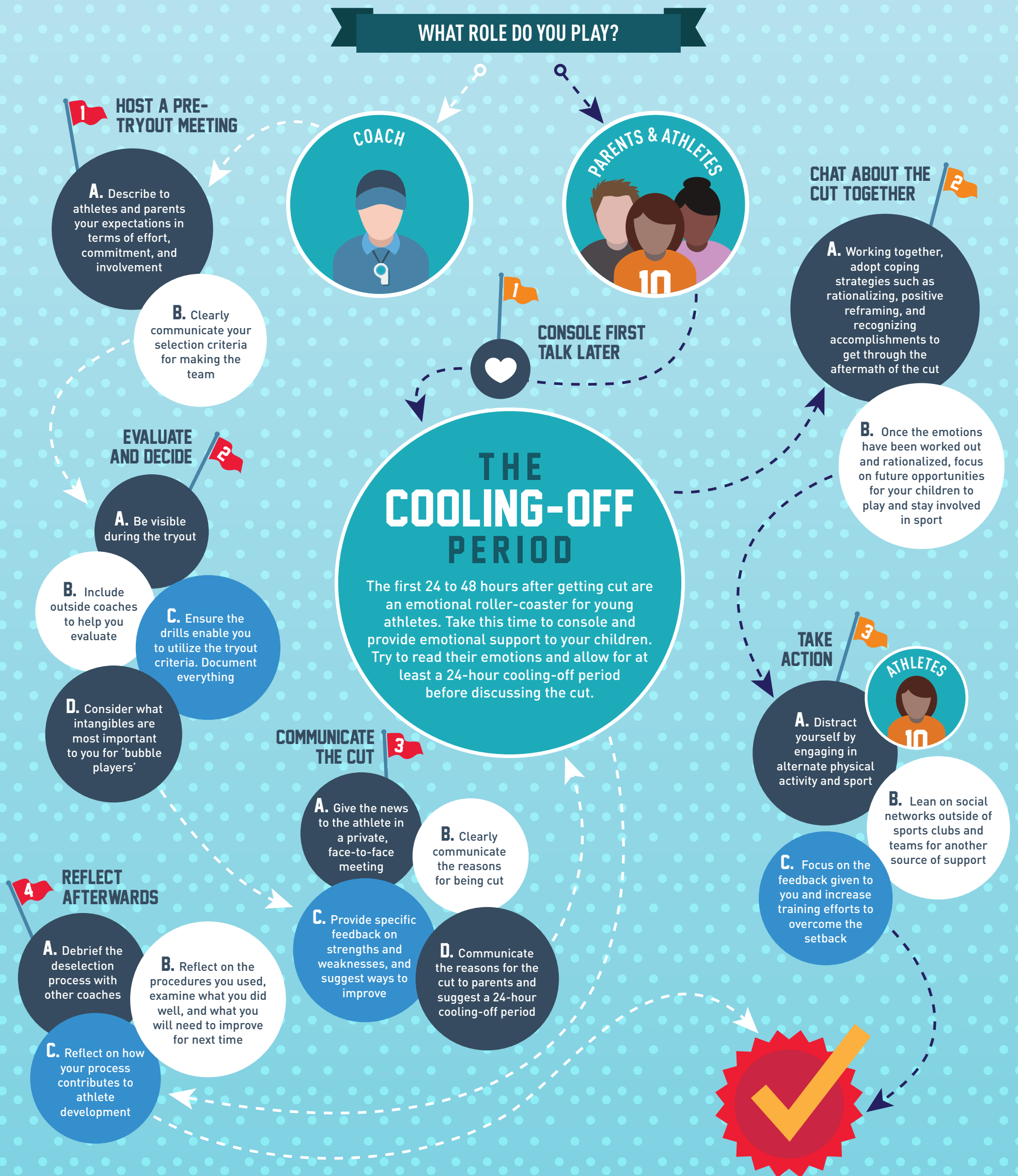


DEALING WITH THE CUT



Being cut from a team can be a discouraging experience for youth. Here's some tips to help ease the pain and encourage positive athlete development.



GET UP, GET BACK TO WORK, AND BE READY FOR THE NEXT TRYOUT!